

# ADULT BADMINTON COACHING DEVELOPMENT SESSION

**MONDAY EVENINGS • 6:45PM-7:45PM**

**MOUNTBATTEN CENTRE**  
ALEX WAY, HILSEA, PORTSMOUTH, PO2 9QA

**£40**  
per month  
(£12 per session  
via monthly sign up)

The adult development session is aimed at beginners and intermediate level players. It is a chance for adults to breakdown their game into shot practice and routine based training, to improve all aspects of their game.

Whether you just want to beat your mates when you book a court, or want to be winning more games on a club night, this session will have great benefits for you!

Session run by Coaches Toby Brazier and Ben Muir

If you have any questions, please don't hesitate to contact Toby: [tobybraziercoaching@gmail.com](mailto:tobybraziercoaching@gmail.com)

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